



Weekly NEWSLETTER

Conchs Issue #6

Principal Mrs. Rebecca Palomino

September 22, 2023

Key West High School Mission Statement

To empower all students to maximize their potential and prepare them with the skills and experiences necessary to be college or career ready and to develop those character traits that will enable them to be productive members of society.



Happy IT Professionals Day to our amazing IT techs, Abigail Ladino and Milas Leconte!! Thank you for all you do for our students and staff at KWHS!! We would be lost without you both!!

UPCOMING EVENTS **SEPT/ OCTOBER 2023**

- September 25th— “Start with Hello” week.....see info in the newsletter
- September 28th— Early Dismissal—students are dismissed at 11:30am
- October 6th— College Fair for students during the school day
- October 9th— Professional Day—No students

KWHS SOCIAL MEDIA:

Instagram— [kwhs_news](#)

Facebook—Key West High School Athletics & Student Activities

Twitter— [@kwhsnews](#)

Website— www.keysschools.com/kwhs

Students must show their KWHS ID when entering the campus and when a staff member asks to see it. Thank you for your support and effort in keeping our school safe!

WEDNESDAY, OCTOBER 18, 2023

WEAR ORANGE

to show unity for kindness, acceptance,
and inclusion and to send a visible
message that no child should ever
experience bullying.

Bell Schedule	
Time	Period
7:35 - 8:26	1
8:30 - 9:20	2
9:24 - 10:17	3
10:21 - 11:11	4
11:11 - 11:46	Lunch 1-- Crimson (Bldgs 4, Wt rm, Auto)
11:50 - 12:40	5 Crimson
11:15 - 12:05	5 Grey
12:05 - 12:40	Lunch 2-- Grey (Bldgs 1,2 ,3 & Portables)
12:44 - 1:34	6
1:38 - 2:30	7

Pep Rally Bell Schedule	
Time	Period
7:35 - 8:28	1
8:32 - 9:17	2
9:21 - 10:06	3
10:10 - 10:55	4
10:55 - 11:30	Lunch #1
11:34 - 12:19	5A
10:59 - 11:44	5B
11:44 - 12:19	Lunch #2
12:23 - 1:08	6
1:12 - 1:57	7
2:00 - 2:30	Pep Rally

Wellness Wednesdays	
Time	Period
7:35 - 8:22	1
8:26 - 9:12	2
9:16 - 10:05	3
10:05 - 10:35	30+
10:39 - 11:25	4
11:25 - 12:00	Lunch #1
12:04 - 12:50	5A
11:29 - 12:15	5B
12:15 - 12:50	Lunch #2
12:54 - 1:40	6
1:44 - 2:30	7

Early Release Bell Schedule	
Time	Period
7:35 - 8:00	1
8:04 - 8:28	2
8:32 - 8:59	3
9:03 - 9:27	4
9:31 - 9:55	5
9:55 - 10:33	Lunch
10:37 - 11:01	6
11:05 - 11:30	7

Final Exam Bell Schedule	
Time	Period
7:35 - 9:10	Exam
9:10 - 9:51	Lunch
9:55 - 11:30	Exam

7th Period Exam Bell Schedule	
Time	Period
7:35 - 9:10	7th Exam
9:14 - 9:56	1
10:00 - 10:42	2
10:46 - 11:30	3
11:30 - 12:16	Lunch
12:20 - 12:58	4
1:02 - 1:44	5
1:48 - 2:30	6



~Student News~

- ⇒ If a senior missed Picture Day and needs a make up senior picture, they will have the opportunity to do so on November 8th. Mrs. Saunders will send out an email to these students so please encourage your child to check their emails.
- ⇒ If any student is requesting a retake, they will have the opportunity to do so on November 8th. Students are to email Mrs. Saunders requesting a retake. There will be a retake fee.
- ⇒ Order your 2024 Key West High School yearbook using the website yearbookorder-center.com and job #: 17196



Key West High School

SAC Meeting Dates—2023-2024

October 3rd

November 7th

December 5th

January 9th

February 6th

March 5th

April 2nd



All meetings are at 5:30 in the library.

KWHS TESTING INFORMATION

Date	Test	Grade Level
September 8 th	ELA FAST PM#1	9 th (Group A)
September 11 th	ELA FAST PM #1	9 th (Group B)
September 12 th	ELA FAST PM #1	10 th (Group A)
September 14 th	ELA FAST Retakes	11 th & 12 th
September 18 th	ELA FAST PM #1	10 th (Group B)
September 21 st	BEST Algebra EOC Retakes	11 th & 12 th
September 22 nd	BEST Algebra EOC Retakes	10 th
September 26 th	BEST Geometry EOC Retakes	10 th -12 th
September 29 th	ASVAB	11 th & 12 th
October 2 nd	Biology EOC Retakes	
October 3 rd	Civics EOC Retakes	
October 4 th	US History EOC Retakes	

If you are testing, you will receive an email from Dr. Veldheer notifying you of the day and location for testing.



All students testing must bring their CHARGED chromebook to testing. Testing begins AFTER 1st period.



Senior Links Worth Checking Out

Bright Futures Course Table

*Identify which courses meet BF eligibility



Florida Bright Futures

Scholarship Program 2023-24

*PDF view if Initial Eligibility Requirements



Federal Student Aid | FAFSA

*Complete the FAFSA Form through the U.S. Department of Education



Key West High School

College & Career Planning

*College & Career info from Mrs. Estenoz



Florida SUS 2023-2024

Counselor Guide

*Current details about the 12 FL universities



Show your Conch Pride!



What are Conch Pride Accounts?

They are free checking accounts with Conch debit cards help raise money up to \$1,000 per month for Key West High School. Keys FCU donates:

\$5 to [KWHS for each account opened.](#)

- \$2 to KWHS for each box of checks ordered.
- 1% of each account holder's debit card transactions, up to \$15 per month to KWHS during specific promotional periods like Back to School, Spring Break and Christmas season.

Conch Pride accounts include free adult and teen online & mobile financial education programs that teach them how to save and manage their checking account and credit history and more.

Who can get a Conch Pride Checking Account?

Conch Pride Checking Accounts and Debit Cards are perfect for KWHS students- 14 years and older, parents, teachers, staff, alumni, and fans-that live or work in the Florida Keys.

Where can you open a Conch Pride account?

In Keys Federal Credit Union at 3022 N. Roosevelt Blvd. in Key Plaza, 514 Southard St., and 5300 Overseas Hwy. in Stock Island.

How can KWHS raise more money?

Create awareness of, and encourage students, staff, parents, and fans to open a Conch Pride checking account by:

- Announce/socialize account at staff meetings, school assemblies, pep rallies, sporting events, parent encounters and in classrooms
- Send flyer out in weekly newsletter and Peach jar email service
- Hang posters and banners in school/visible areas

Partner with Keys FCU to promote account openings at school events like open house, [orientation](#), [college](#) fairs, graduation, sports events, meet the teacher

- Identify promotional/sponsorship opportunities on school materials/areas
- Circulate donation photos and information

Who creates and provides the Conch Pride marketing materials?

Keys FCU will create and provide all Conch Pride marketing materials. KWHS must distribute, hang, communicate, and publish them.

Activities



**KWHS Proudly
Supports this
AMAZING Club!!**



The “Start With Hello” Campaign starts
September 25th through the 29th!

Please participate each day by:

- ⇒ **Monday, September 25th**— Stop by the SAVE table during the lunch shifts to say “Hello”!
- ⇒ **Tuesday, September 26th**— Stop by the bulletin board near the office to keep or give a kind gesture!
- ⇒ **Wednesday, September 27th**— Wear **Green** to show support!!
- ⇒ **Thursday, September 28th**— Start a conversation with someone new!!
- ⇒ **Friday, September 29th**— Share a positive message using chalk during the lunch shifts!

<div> </div> <div> Start with Hello Campaign September 25th – 29th Key West High School </div> <div> </div>				
Please join in for the daily activities!				
<u>Monday,</u> <u>September 25th</u>	<u>Tuesday,</u> <u>September 26th</u>	<u>Wednesday,</u> <u>September 27th</u>	<u>Thursday,</u> <u>September 28th</u>	<u>Friday,</u> <u>September 29th</u>
Start with Hello Stop by the SAVE Table at lunch to say hello.	Take what you need Tuesday Take what you need Tuesday. Stop by the bulletin board near the office to keep or give a kind gesture.	Welcome Wednesday Wear GREEN and Start with Hello.	Talk About it Thursday Start a conversation with someone new.	Feel Good Friday Students use chalk to share positive messages around the campus.

Information



Congratulations to
Key West High
School Baseball
Coach Ralph

Henriquez for being selected to the first ever High School Baseball Network Hall of Fame. This is an outstanding honor that has been bestowed on some of the best coaches in South Florida baseball.

Coach Henriquez, who wears the number 17, has coached his teams to over 600 career wins including numerous State Championships. His rich baseball history includes playing for the Conchs in the 70's and moving on to professional baseball as a player and as a coach for the Atlanta Braves and New York Yankee organizations. His accolades as the Key West Conchs coach are many including District, Regional and State wins and expanding the program to provide opportunities for students to obtain college scholarships and be recognized in the professional baseball draft.

The High School Baseball Network will induct their first honorees, including Coach Henriquez, on Thursday, October 26th.



SCHEDULE A TIME



TO MEET WITH YOUR

**SCHOOL
COUNSELOR**



YOU PICK THE TIME
AND DAY.

*Counselors may be with
other students during certain
time periods, which could
impact appointment
availability.

KWHS School Counselors are now accepting student appointments. They may access the booking site via the QR code below and select their counselor and meeting type from a dropdown menu. This flyer has been posted throughout campus for ease of access. School counselors continue to be available for walk-ins before and after school, as well as during student lunches.

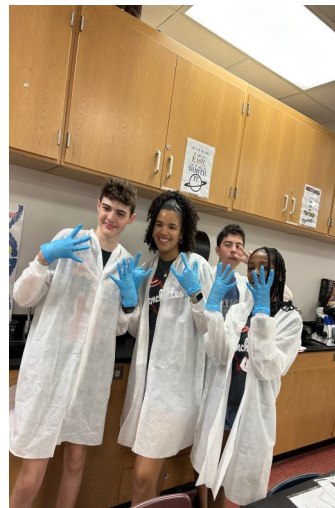
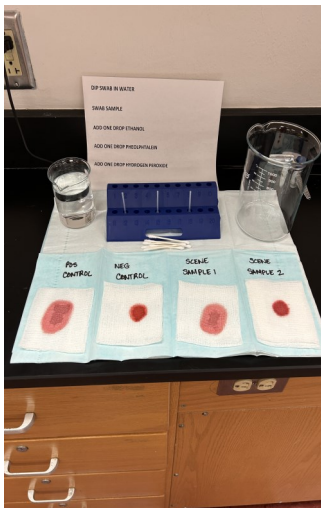
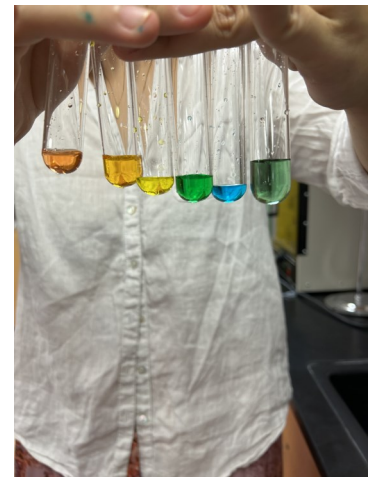
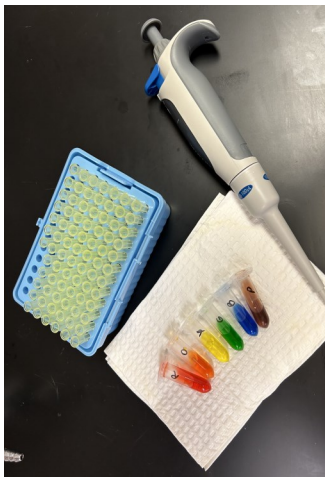
Please be mindful of unforeseen circumstances that may require appointments to be rescheduled, which will be communicated with as much notice as possible.

Academics



Mrs. Tara Jackson's Human Body Systems students put their knowledge about bone structure to work as they analyzed X rays to determine fracture types and locations and then determining appropriate repair interventions.

The seniors in Mrs. Tara Jackson's Medical Lab Assisting class learned the value in accurately measuring substances with graduated cylinders, pipettes and micropipettes.



The students in Mrs. Tara Jackson's Principles of Biomedical Science Lab had a busy week analyzing blood evidence, performing presumptive and confirmatory blood testing, using Kastle-Meyer and blood typing to determine if it was blood found at the scene of our untimely death, and who it could belong to. The clues are starting to pile up!

SCIENCE ROCKS!

Activities



Please help KWHS Band!!

Several very wonderful community members have graciously put together this awesome fundraising event to benefit our students in collaboration with the Monroe County Education Foundation. Proceeds will go toward sending 75 band students to perform in the New Years Day Parade in London, England.



Important Dates for KWHS students!

If you have any questions about these dates, please email
Stacy.Saunders@keysschools.com



- ◇ **November 6th**— Herff Jones will be presenting class ring information to Juniors during 4th period, and senior announcements information to Seniors during 3rd period in the auditorium
- ◇ **November 8th**— Herff Jones will be here for make up pictures/retakes for all students. There will be a \$15.00 retake fee. If a student needs a make up picture, they are already signed up. If a student wants a retake, they will need to email Stacy.Saunders@keysschools.com to request a retake. All pictures will be taken in the auditorium. Mrs. Saunders will send out emails to all make up and retake students giving them their appointment time. Please tell students to check their emails at the beginning of November. Performance Groups will be taking their pictures also.
- ◇ **November 9th**— Herff Jones will be here to take Club Pictures in the gym. They will also take sports pictures in the courtyard for Fall and Winter sports.
- ◇ **November 14th & 15th**— Herff Jones will be on campus during the lunch shifts to take orders for class rings and senior announcements. They will also be taking orders in the library on both days from 4:00pm-7:00pm.



Class of 2024

SENIOR DATES

Events

Senior Classroom Visits

Thursday, Sept. 7th
Friday, Sept. 8th

**During Social Studies*

Topics:

- Review Graduation Requirements
- College & Career Important
- SUS Conference Updates

Senior Parent Night

Tuesday, Sept. 12th
6:00 - 7:30 PM
KWHs Auditorium

Topics:

- Review Graduation Requirements
- College & Career Important
- SUS Conference Updates

English Learner Senior Parent Night

Thursday, Sept. 14th
7:00 - 8:00 PM
KWHs Media Center

Topics:

- Review Graduation Requirements
- College & Career Important
- SUS Conference Updates

Spanish & Creole Support

Jr/Sr College Fair

Friday, Oct. 6th
1:00 - 3:00 PM
KWHs Gymnasium

**Students & Parents Invited*

Topics:

- Meet Admissions Representatives
- Receive College Brochures & Info

SENIOR WORKSHOP SERIES

College Resume

Sept. 19th
2:30 - 3:30 PM
KWHs Media Center
*Seniors

Essay Help

Sept. 27th
2:30 - 3:30 PM
KWHs Media Center
*Seniors

Financial Aid

Oct. 12th
6:00 - 7:00 PM
KWHs Auditorium
*Seniors & Parents

Senior Advocacy
PRESENTED BY



We are so excited that the Class of 2024 is gearing up for a season of graduation and college readiness. We look forward to working with each of you on your current and postsecondary goals.

Mrs. Lindsay Moore (Senior Counselor)
& Mrs. Lydia Estenoz (College & Career Advisor)

2100 Flagler Avenue,
Key West, FL 33040

Athletics



KWHS Fighting Conchs will play University Christian tonight!!

It's also SENIOR NIGHT!!



ATHLETE OF THE WEEK!

This week's Athlete of the week is Katelyn Noss. She set two personal records in the 50 freestyle and 100 backstroke to go along with a 1st place finish in the 200 medley and 100 backstroke to lead the girls swim team to a win in last Saturday's swim meet vs South Dade.



KWHHS Swim competed against Coral Shores on Wednesday!!

OFFICIALS NEEDED!

Standard Pay Rates

- Football \$111 per game
- Volleyball \$79 per game
- Soccer \$79 per game
- Baseball \$85 per game
- Softball \$85 per game

Local Official Association Contacts

- Middle Keys: Casey Sheu 305-360-3054
- Lower Keys: Chad Rodriguez 305-619-0972

APPLY NOW!

<https://flsaa.arbitersports.com/front/103624/5ite>

OR SCAN HERE

[https://flsaa.com/sports/2020/5/28/Become An Official.aspx](https://flsaa.com/sports/2020/5/28/Become%20An%20Official.aspx)

Without officials, our kids can't play!

If you are interested in becoming an official, you can find all the information you need by clicking the link below.



KWHHS Cross Country have their Spanish River Invitational today!

Good Luck Conchs!!



KWHHS JV & V Volleyball played Coral Shores on Tuesday and will have the Chaminade Madonna Tournament today and Saturday!!

Good Luck Girls!!

Activities

STAY INVOLVED!!!

SENIORS

- Senior Class of 2024 shirts can be purchased at Ramona's

President— Daniella Barroso
Vice President— Monaya Carey
Secretary— Siena Wardlow
Treasurer— Scarlet Niles
Historian— Yani Nodal

Class Sponsor: Mrs. Carnetra Carey

Student Council

Please join Student Council to get involved in the planning of our pep rallies, Homecoming, student government activities, Teacher Appreciation and so much more!!!

President— Monaya Carey
Vice President— Daniella Barroso
Secretary— Siena Wardlow
Treasurer— Brooke Biskupich
Historian— Yani Nodal

Student Council sponsor: Ayesha Osborne

#CONCHSTRONG!!

JUNIORS

Class of 2025 Executive Board would like you to join us at our next meeting! Every Junior is welcome to join!

President— Deanna Mercier
Vice President— Skye Sterling
Secretary— Haylee Brogli
Treasurer— Jada Franco
Historian— Peyton Zubieta

Class sponsor: Mrs. Kristen Condella

SOPHOMORES

Class of 2026 Executive Board would like you to join us at our next meeting! Every Sophomore is welcome to join!

President— Jake Ferguson
Vice President— Whitney Nervilus
Secretary— Ava Rivera
Treasurer— Chloe Blackwell
Historian— Audrey Smith

Class Sponsor: Mrs. Paula Mercer

FRESHMEN

Class of 2027 Executive Board would like you to join us at our next meeting! Every Freshmen is welcome to join!

President— Jordan Greene
Vice President— Victoria Gray
Secretary— Lily Smith
Treasurer— Josephine Clapp
Historian— Pilar Rivera

Class sponsor: Ms. Melissa Hargis

PROJECT SUCCESS



PREVENTION KWHS CONCHS

Project Success
Counselor—
Shain Cormack
Room 1-109

Parent Sign up—
Bronte.Walsh@Westcare.com

Upcoming Dates:

Sept. 6th— SCHOOL WIDE MENTAL
HEALTH SCREENING

Sept. 11th—SUICIDE CHALK WALK
DURING LUNCHES

Project Success

A Partnership Program with KWHS

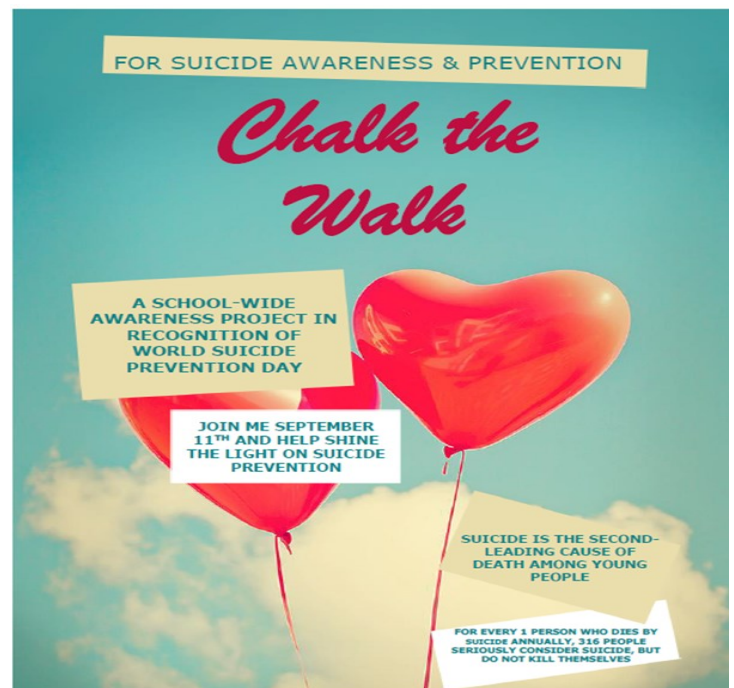
An evidence-based, school-based intervention focused on preventing and reducing substance abuse and other related high-risk behaviors among high-risk middle school and high school aged youth.

How youth succeed:

- ◆ Exploring positive coping skills
- ◆ Teaching students refusal skills
- ◆ Promoting healthy dynamics
- ◆ Providing tools for anger management
- ◆ Raising alcohol and other drugs perception of harm

The Format Includes:

- ◆ 7th and 9th grade prevention education series within the classrooms
- ◆ Individual sessions (6)—45 minute sessions
- ◆ Referral services for Therapy and Intervention Counseling with Guidance Care Center



KWHS CLUBS

<u>CLUB</u>	<u>SPONSOR</u>	<u>EMAIL</u>	<u>ROOM</u>	<u>DAY</u>	<u>TIME</u>
Keys to Be the Change	Mrs. Golightly/Ms. Shoemaker	Kyla.Shoemaker@keysschools.com	4-210	weekly	lunch
Student Council	Miss Ayesha Osborne	Ayesha.Osborne@keysschools.com	cafeteria	1st Monday of month	2:35pm
Class of 2024 Executive Board	Mrs. Carnetra Carey	Carnetra.Carey@keysschools.com	cafeteria	1st & 3rd Wednesday	2:35pm
Class of 2025 Executive Board	Mrs. Kristen Condella	Kristen.condella@renaissance.com	library	1st & 3rd Wednesday	2:35pm
Class of 2026 Executive Board	Mrs. Paula Mercer	Paula.Mercer-Fleischmann@keysschools.com	4-205	1st & 3rd Thursday	2:35pm
Class of 2027 Executive Board	Ms. Melissa Hargis	Melissa.Hargis@keysschools.com	4-206	Tuesdays	2:35pm
Project Unify (SOS)	Ms. Tami Dannacker	Tami.Dannacker@keysschools.com	1-136	1st Tuesday of month	2:35pm
Transition and College Club	Ms. Tami Dannacker	Tami.Dannacker@keysschools.com	1-136	2nd Tuesday of month	2:35pm
MATP Club (Special Olympics)	Mrs. Tina Phillips	tina.phillips@keysschools.com	1-135	see Mrs. Phillips	
Zonta Club	Ms. June Walsh	June.Panella-Walsh@keysschools.com	2-206	3rd Friday of month	2:35pm
Ladies on Campus	Mrs. Lynne Casamayor	Adriene.Casamayor@KeysSchools.com	2-101E	2nd & 4th Thursday	2:35pm
Chess Club	Mr. Henry Boza	Henry.Boza@keysschools.com	4-218	Mondays & Thursdays	2:35pm
Beta Club	Mrs. Stacy Saunders	Stacy.Saunders@keysschools.com	cafeteria	3rd Monday of month	2:35pm
Mu Alpha Theta	Mrs. Neda Jackson	Neda.Jackson@keysschools.com	auditorium	specific Monday's	2:35pm
National Honor Society	Mrs. Nora Laubenstein	Nora.Laubenstein@keysschools.com	4-201	2nd Monday of month	2:35pm
Interact Club	Mrs. Jessica Nasser	Jessica.Nasser@keysschools.com	2-206	4th Monday of month	2:35pm
Future Educators of America	Mrs. Keri Fink	Keri.Fink@keysschools.com	1-213	every Friday	2:35pm
United Community Club	Mr. Jarvis Moore Sr.	1unitedcommunitykwhs@gmail.com		See Jeremiah Harvey	2:35pm
Academic Challenge	Mrs. Joanna Gray	Joanna.Gray@keysschools.com	1-211	Mondays & Wednesdays	2:35pm
KWHS Mock Trial Team	Mrs. Paula Mercer	Paula.Mercer-Fleischmann@keysschools.com	4-205	Mondays & Wednesdays	6:30pm
SAVE Promise Club	Ms. Tami Dannacker	Tami.Dannacker@keysschools.com	1-136	3rd Tuesday of month	2:35pm
Robotics Team Club	Mr. Ed Smith	Edward.Smith@keysschools.com	2-102	Monday	2:35pm
HOSA	Mrs. Tara Jackson	tara.jackson@keysschools.com	4-209	Thursday	2:40pm
French Club	Dr. Nikki Hollis	nikki.hollis@keysschools.com	2-205	3rd Monday of month	2:35pm
Drama Club	Mrs. Rebecca Bertucci	rebecca.bertucci@keysschools.com	1-204	4th Monday of month	2:35pm
Culture Club	Mrs. Rebecca Bertucci	rebecca.bertucci@keysschools.com	1-204	1st & 3rd Mondays	2:40pm
Book Club	Ms. Kimberly Rein	Kimberly.Rein@keysschools.com	library	2nd Wed & 4th Monday	2:35pm
The Red Cross Club	Ms. Christina Kugeares	christina.Kugeares@keysschools.com	cafeteria	4th Monday of month	2:35pm
GSA	Mr. Brian Falatko	Brian.Falatko@keysschools.com	4-123	2nd & 4th Thursday	2:35pm
Fellowship of Christian Athletes	Ms. Pam Borgert	praiznim2@gmail.com	courtyard	Mondays	lunch
Automotive Club	Mr. Doug Bickings	Doug.Bickings@keysschools.com	17-122	please email Mr. Bickings	2:35pm
Criminal Justice Club	Mr. Jody Westbrook	jody.westbrooks@keysschools.com	4-122	2nd Tuesday of month	2:35pm
KWHS Spearfishing Club	Mr. Chaz Jimenez	Chaz.Jimenez@keysschools.com	4-202	Tuesdays	2:35pm
Competitive Card Game Club	Mrs. Shannon Duffy	shannon.duffy@keysschools.com	4-222	Thursdays	2:35pm
Team BLU	Mrs. Shannon Duffy	shannon.duffy@keysschools.com	4-222	1st Tuesday of month	2:35pm
The Hispanic Club	Mrs. Jessica Nasser	Jessica.Nasser@keysschools.com	2-206	4th Thursday of month	2:35pm
CSALT	Mr. Justin Martin	Justin.Martin@keysschools.com	cafeteria	Tuesdays	2:45pm
Creative Writing Club	Mrs. JL Marshall	Jennifer.Marshall@keysschools.com	4-211	Fridays	2:35pm